

## Fresubin Energy (Fibre) DRINK 200 ml

Suppléments nutritifs oraux

### Informations nutritionnelles

| Composition                           |              | pour 100 ml | pour 200 ml<br>1 bouteille |
|---------------------------------------|--------------|-------------|----------------------------|
| <b>Valeur énergétique</b>             | kcal<br>(kJ) | 150<br>630  | 300<br>1260                |
| <b>Lipides (35 %E)</b>                | g            | 5.8         | 11.6                       |
| dont acides gras saturés              | g            | 0.4         | 0.8                        |
| dont acides gras monoinsaturés        | g            | 3.8         | 7.6                        |
| dont acides gras polyinsaturés        | g            | 1.6         | 3.2                        |
| <b>Glucides (45 %E)</b>               | g            | 18.8        | 37.6                       |
| dont sucres                           | g            | 4.9         | 9.8                        |
| dont lactose                          | g            | ≤ 0.27      | ≤ 0.54                     |
| <b>Fibres</b>                         | g            | 0/2.0       | 0/4.0                      |
| <b>Protéines (27 %E)</b>              | g            | 5.6         | 11.2                       |
| <b>Sel (Na x 2.5)</b>                 | g            | 0.2         | 0.4                        |
| <b>Eau</b>                            | ml           | 77.5        | 155.0                      |
| <b>Osmolarité</b>                     | mosmol/l     | 390-440     | 390-440                    |
| <b>Sels minéraux et oligoéléments</b> |              |             |                            |
| Sodium                                | mg           | 80.0        | 160.0                      |
| Potassium                             | mg           | 135.0       | 270.0                      |
| Chlorure                              | mg           | 100.0       | 200.0                      |
| Calcium                               | mg           | 135.0       | 270.0                      |
| Magnésium                             | mg           | 21.0        | 42.0                       |
| Phosphore                             | mg           | 80.0        | 160.0                      |
| Fer                                   | mg           | 2.0         | 4.0                        |
| Zinc                                  | mg           | 1.5         | 3.0                        |
| Cuivre                                | µg           | 300.0       | 600.0                      |
| Manganèse                             | mg           | 0.4         | 0.8                        |
| Iode                                  | µg           | 30.0        | 60.0                       |
| Fluor                                 | mg           | 0.2         | 0.4                        |
| Chrome                                | µg           | 10.0        | 20.0                       |
| Molybdène                             | µg           | 15.0        | 30.0                       |
| Sélénium                              | µg           | 10.0        | 20.0                       |
| <b>Vitamines</b>                      |              |             |                            |
| Vitamine A                            | µg RE        | 120.0       | 240.0                      |
| β-Carotène                            | µg           | 300.0       | 600.0                      |
| Vitamine D <sub>3</sub>               | µg           | 2.0         | 4.0                        |
| Vitamine E                            | mgα-TE       | 3.00        | 6.0                        |
| Vitamine K <sub>1</sub>               | µg           | 16.7        | 33.4                       |
| Vitamine B <sub>1</sub>               | mg           | 0.23        | 0.46                       |
| Vitamine B <sub>2</sub>               | mg           | 0.32        | 0.64                       |
| Nicotine                              | mg           | 3.0         | 6.0                        |
| Vitamine B <sub>6</sub>               | mg           | 0.33        | 0.66                       |
| Vitamine B <sub>12</sub>              | µg           | 0.6         | 1.2                        |
| Acide pantothénique                   | mg           | 1.2         | 2.4                        |
| Biotine                               | µg           | 7.5         | 15.0                       |
| Acide folique                         | µg           | 50.0        | 100.0                      |
| Vitamine C                            | mg           | 15.0        | 30.0                       |
| Caféine (seulement goût Cappuccino)   | mg           | 0.4         | 0.8                        |

%E = part d'énergie

RE = Equivalents Rétinol, 1 mgRE = 6 mg β-carotène, 1 IE = 0.3 µg RE

TE = Equivalents Tocophérol, 1 IE 0.67 mg TE