

Peptamen Intense Nestlé HS



Ingredients

Water, hydrolyzed whey protein, maltodextrin, Medium chain triglycerides, fish oil, vegetable oils (rapeseed, sunflower), mineral (sodium citrate, magnesium citrate, sodium phosphate, sodium chloride, ferrous sulfate, zinc sulfate, copper sulfate, manganese sulfate, sodium fluoride, chromium chloride, potassium iodide, sodium selenate), emulsifier (soy lecithin), choline chloride, vitamins (C, E, niacin, pantothenic acid, B6, B2 (riboflavin), B1 (thiamin), A, folic acid, K, biotin, D), L-Carnitine, Taurine.

Nutritional information

Nutrient	Units	% kCal	per 100ml	per 500ml
Energy	kJ	100%	420	2100
kcal			100	500
Fat (% kcal)	g	34%	3.7	18
of which				
Saturates	g		2.2	11
MCT	g		1.8	9
Monounsaturates	g		0.58	2.9
Polyunsaturates	g		0.49	2.4
Omega-3	g		0.2	1
Carbohydrate (% kcal)	g	29%	7.3	36
of which				
sugars	g		0.75	3.7
lactose	g		<0.50	<2.5
Fibre (% kcal)	g	0%	0	0
Protein (% kcal)	g	37%	9.3	46
Salt	g		0.25	1.2
Minerals				
Sodium	mg		100	500
	mmol		4.34	21.7
Chloride	mg		38	190
	mmol		1.07	5.35

Potassium	mg		177	885
	mmol		4.5	22.5
Calcium	mg		63	315
	mmol		1.57	7.85
Phosphorus	mg		46	230
	mmol		1.48	7.4
Magnesium	mg		17	85
	mmol		0.7	3.5
Iron	mg		1.6	8
Zinc	mg		1.3	6.5
Copper	µg		175	875
Iodine	µg		12	60
Selenium	µg		8	40
Manganese	mg		0.14	0.7
Chromium	µg		6	30
Molybdenum	µg		17	85
Fluoride	mg		0.16	0.79
Vitamins				
A	µg RE		65	325
D	µg		1.4	7
K	µg		4.4	22
C	mg		8	40
Thiamin	mg		0.1	0.5
Riboflavin	mg		0.13	0.65
B6	mg		0.17	0.85
Niacin	mg NE		3	15
Folic acid	µg		30	150
B12	µg		0.29	1.45
Pantothenic acid	mg		0.45	2.2
Biotin	µg		3	15
E	mg α-TE		1.4	7
Choline	mg		67	335
Taurine	mg		8	40
L Carnitine	mg		10	50